

FILIPINO CURSILLO MOVEMENT

Diocese of San Jose, CA

APOSTOLIC PLAN

May 14, 2016

MISSION STATEMENT

The Cursillo in Christianity is a movement of the Roman Catholic Church that is committed to spreading the Gospel message utilizing a specific method and strategy.

VISION STATEMENT

The Cursillo Movement, an agent of change, serves as a catalyst for the Christian transformation of the person and of society's moral and ethical values. This is accomplished through a unified National, Regional and Diocesan effort.

PRE-CURSILLO

Purpose:

The Pre-Cursillo is responsible for the search and selection of candidates to further their Christian transformation in knowing more of themselves, their relationship with our Lord and to others within their environments. It prepares the persons who will attend the 3-day Cursillo with a view toward a commitment to an apostolic vocation.

Objectives:

1. To study all environments
2. To select candidates through friendship ✓
3. To sponsor
4. To prepare candidates

Plan of Action:

1. To study all environments:
To select the environments to be evangelized, the Cursillo community needs to:
 - Pray for the various environments
 - Target those structures and environments that have the greatest impact on society such as: priests and clergy; political and government employees; medical and health workers; those who work in the news media, communications and public relations fields; and educators, and include our young adults.
2. To select candidates through friendship:
Identify the natural leaders within each selected environment. Candidates must meet the basic requirements to participate in the 3-Day Cursillo Weekend. Prayerfully discern and identify natural leaders in their environments.
 - Those who have strength of character and self control, who are able to make their own decisions and to be self motivated, who are mature, free and responsible.

- Those who are vertebrae, leaders, self-starters, movers.
- Those who are concerned about the social conditions of our times.
- Those who have the ability and desire to live in and for the community.
- Those who are in a position to receive the Sacraments of the Catholic Church.
- Candidates must desire to grow in perfection as persons and as Christians.
- Candidates must have an attitude of listening, of friendship, and a disposition to change (a willingness to be converted).

3. To sponsor:

To educate the Diocesan Cursillo Community on the responsibilities of sponsoring a candidate.

- Educational materials to be given to the Cursillo community – “Sponsor’s Booklet”
- Conduct Precursillo workshops for sponsors at least within the first two months of the incoming year.
- Invite seasoned cursillistas to assist with personal contact.
- Precursillo committee members familiarize themselves of all the sponsors through personal interviews.
- Sponsors need to belong to a group reunion and should be participating in Ultreyas.

4. To prepare candidates:

- The actual preparation should be accomplished as an evangelization activity of the community (a group reunion or Ultreya). It could be done by an individual who would ordinarily sponsor a candidate after a process of making a friend, being a friend and bringing that friend to the weekend.
- Youth candidates (at least 18 years of age) should be encouraged to join.

CURSILLO PROPER **(The 3-Day Cursillo Weekend)**

Purpose:

The Cursillo Proper is responsible to bring the candidate to a 3-Day Weekend short course in Christianity and to provide a climate which will facilitate the three essential encounters with self, with Christ and with others. It should become a transition from the Precursillo to the Postcursillo.

Objectives:

1. To provide an atmosphere that is conducive to *metanoia*, utilizing the current **Cursillo Manual** published by the National Catholic Cursillo Movement of the United States.
2. To provide each person with the tools and methods to live his/her Baptismal vocations.
3. To make the cursillista aware of the PostCursillo methods of Group Reunion and Ultreya.

Plan of Action:

Immediate:

1. Selection of the Spiritual Director, Rector/Rectora, understudy and the rest of the Team Members.
2. Provide Rector/Rectora a copy of 3-Day Weekend Manual. Guide the Rector/Rectora in developing future leaders through thorough and careful selection of job assignments, particularly the rollistas. The Rector/Rectora should assure that rollistas are true witnesses of their rollos.
3. Update the Rector/Rectora's Manual to conform with the National 3-Day Weekend Manual to assure an **authentic** weekend. (no add-ons) ,

POST-CURSILLO

Purpose:

Increase and continue the conversion process of each individual who has experienced the 3-Day Cursillo, and live out what is fundamental for being a Christian (Leader's Manual, 1998, p. 107-8).

Objectives:

To assist the members to grow and share Christian lives together, through the Friendship Group Reunion and the Ultreya. The Group Reunion and Ultreya are the means to persevere in the Cursillo Movement.

Plan of Action:

1. The Post-Cursillo team shall meet monthly to plan for the Ultreya activities.
2. Maintain and update the San Jose Filipino Cursillo website.
3. Follow-up on new cursillistas by the Rector/Rectora, Table and Assistant Table Leaders and Sponsors by inviting them to attend School of Leaders and Ultreyas.
4. Guide the new graduates in setting up their Group Reunions and stay with them for at least a year, when they start to be more familiar with the Cursillo methods.
5. Invite old and new cursillistas to attend Regional and National encounters.
6. Interface with the different ethnic groups and dioceses in the movement during regional meetings and Grand Ultreyas hosted by the different dioceses in language group.
7. Encourage some group reunions to get involve in the Diocese Social Justice ministry.

SCHOOL OF LEADERS

Purpose:

The purpose of the School of Leaders is to form (live the Cursillo life), inform (know the Cursillo method) so that we can achieve our mission to transform (leaven the environment). To develop leaders who know and live the Cursillo method so that they can effectively evangelize the environment.

Objectives:

1. To provide programs that will enhance Cursillo leaders knowledge of the method, strategy and charism of the movement to attain the objectives of the Cursillo Movement.
2. To provide a community of Christians who, united in the atmosphere of a Group Reunion, seek every day to become more Christ-centered, more committed and more united.

Plan of Action:

1. Invite priests, deacons and religious to deliver doctrinal talks.
2. Encourage seasoned cursillistas to share their knowledge and experience in technique talks.
3. Involve newer cursillistas to participate in program to prepare for leadership roles. Encourage participation in the 3-phases of the movement and S.O.L.
4. Hold annual spiritual retreats and workshops (if needed,

RESOURCES

1. Priests and Deacons and Religious:

To provide spiritual direction to the movement.

4th Day Newsletter/Website:

To provide means of a timely information/communication to all Cursillistas.

2. Finance Committee:

To find ways and means to meet the financial needs of the Movement.

3. Music Committee:

To provide music to all Cursillo Movement's activities and functions.

References:

1. Fundamental Ideas: Section #s 527,563,540 (School of Leaders)
Paragrap #s 108, 109 (Cursillo Proper)
2. Renewing the Church Pastoral Plan for the Diocese of San Jose.
The Catholic Community of Santa Clara County. March 19,
2002.
3. Filipino Cursillo Movement of San Diego Pastoral Plan
(June 2010)
4. The National Secretariat Pastoral Plan (June 2007)
5. Leaders Manual, 9th Ed. Printed 2006

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